

July 2026

SMILES--Mankato Office

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
			1	2	3 SMILES CLOSED July 4 th Holiday	4
5	6 Bowling at <i>Wowzone</i> 4-5:30pm	7 Pickleball at <i>Tourtellote</i> 2-3:30pm	8 Relationship Class: Different Types 1:30-2:30pm Cross-Disability Support Group 5-6pm	9 Sweet Lab 1:30-3pm Tacos & Trivia at <i>Loose Moose</i> 5:30-8pm	10 Women's Group: NM Fun Days 11-1:30pm	11 NM Fun Days Parade Lineup at 10:15am
12	13 Bowling at <i>Wowzone</i> 4-5:30pm	14 Lunch Group 11:30-1pm Puzzles & Projects 4-5:30pm	15 Relationship Class: Family 1:30-2:30pm	16 Adaptive Bike Rides 4-5:30pm Chef Club 4-6pm	17 Swimming at <i>Waseca Waterpark</i> 1:30-3:30pm	18
19	20 Bowling at <i>Wowzone</i> 4-5:30pm	21	22 Relationship Class: Friendships 1:30-2:30pm Movie 4-6pm	23	24 Overnight Camping at <i>Minneopa State Park</i> Beginning at 3pm	25 Overnight Camping Ending at 10am
26	27 Bowling at <i>Wowzone</i> 4-5:30pm	28 Hiking: <i>Rasmussen Woods</i> 1-2:30pm Driver's Permit Course 4-6pm	29 Relationship Class: Dating 1:30-2:30pm Men's group 4-6pm	30	31 SMILES Closed at 11:00am	



SMILES Center for Independent Living is a nonprofit whose mission is to support people with disabilities to realize their full potential.

Bowling at WowZone

Mondays, July 6, 13, 20, 27

4:00-5:30pm

Location: WowZone- 2030 Adams St. Mankato

Cost: \$6 for 2 games and \$2 for shoe rental (Payment made to WowZone when you arrive).

Have fun with peers while exercising in this fun sport. This is a great opportunity to connect with others and socialize.

Register with SMILES by Noon on the Friday before the event

Pickleball at Tourtellote

Tuesday, July 7

2-3:30pm

Location: 310 E Mabel St., Mankato. We will meet at the tennis courts (north side of Tourtellote Swimming Pool)

Cost: FREE

Description: This class is for all skill levels (beginner to advanced). Supplies will be available to use.

Register by: July 6

*****Limit 8 Participants*****

Independent Living Healthy Relationship Classes (Family, Friends and Dating)

Wednesdays from 1:30-2:30pm

July 8— Different Types of Relationships in Your Life

July 15—Family and How to Handle Conflicts

July 22—Friendships and How to Handle Conflicts

July 29—Dating and How to Handle Conflicts

Location: SMILES Office, Mankato

Cost: FREE

Join us for a 4-week classroom course to learn how to navigate different relationships. Come for all or just what interests you.

Register with SMILES by Noon on the Tuesday before the Class

Cross-Disability Support Group

Wednesday, July 8

5:00-6:00pm

Location: SMILES Office, Mankato

Cost: FREE

This is a welcoming peer support space for individuals with any and all types of disabilities. Through open conversation, participants will learn from one another, share experiences and build empowerment. You are not alone in this journey.

Register by: July 7

The Sweet Lab: No Bake Cookies

Thursday, July 9

1:30-3:00pm

Location: SMILES Office

Cost: \$5

Learn how to make No Bake Cookies. Practice your culinary skills and acquire a new recipe to share when you go to future family/friend gatherings and potlucks.

Register by: July 6
*****Limit of 4 Participants*****

Tacos & Trivia Night at Loose Moose Saloon

Thursday, July 9

5:30-8:00pm

Location: Loose Moose Saloon, 119 S Front St., Mankato

Cost: Your food & beverage purchase

Like tacos? Like trivia? Like hanging out with friends? If so, this is a fun event to join in on.

Register by: July 7

Women's Group—North Mankato Fun Days Fair Grounds

Friday, July 10

11-1:30pm

Location: Wheeler Park, 402 Page Ave. North Mankato (Meet up at the BINGO tent).

Cost: Your own spending money for food, rides, games, etc.

This is a welcoming peer support group for women with disabilities. Gather with others to discuss life, share ideas, engage in a variety of activities, and develop friendships along the way. We will be hitting the fairway for this event.

Register by: July 8

North Mankato Fun Days Parade

Saturday, July 11

10:15-approximately 1pm (depending on unit line up). Specific details will be shared with those signed up, when we get closer to the date.

Location: North Mankato

Cost: FREE

Support SMILES in being in our parade unit. You can ride our adaptive bikes, walk or ride on the trailer. We will be passing out candy to the parade observers. If you have a SMILES shirt, please wear it.

Register by: July 7

Lunch Group Get Together: Lakeside Bar & Grill

Tuesday, July 14

11:30-1:00pm

Location: Lakeside Bar & Grill 43779 Golf Course Road, St. Peter

Cost: Your lunch purchase

Join us for lunch and socializing at the Lakeside Bar & Grill. Yes, they do have burgers!!!

Register by: July 10

Puzzles & Projects

Tuesday, July 14

4-5:30pm

Location: SMILES Office

Cost: FREE

Bring along a project you are currently working on or join in on piecing together puzzles. This is a fun and relaxing event to connect with others. We also enjoy listening to music during this time, so if you have a favorite song or artist we can plug that into the tune list.

Register by: July 13

Adaptive Bike Ride at Erlandson Park

Thursday, July 16

4-5:30pm

Location: Erlandson Park, 101 N Belmont Dr., Mankato

Cost: FREE

SMILES will have their adaptive bikes available to ride or you can bring your own bike along.

Register by: July 15

Chef's Club: Poor Boy Meal

Thursday, July 16

4-6pm

Location: Erlandson Park, 101 N Belmont Dr., Mankato

Cost: \$5

At this event, you will learn how to use a charcoal grill for cooking. We will be making a poor boy meal to share with one another. Meet up with your friends and expand in your cooking skills. Bring your own beverage!

Register by: July 13

*****Limit: 14 participants*****

Swimming at Waseca Waterpark

Friday, July 17

1:30-3:30pm

Location: Waseca Water Park 200 26th Avenue NE, Waseca

Cost: \$5

Gather your swimming gear and jump in the pool. Have fun while getting your exercise in.

Register by: July 10

Movie & Popcorn Night "National Lampoon's Vacation"

Wednesday, July 22

4-6pm

Location: SMILES Office, Mankato

Cost: \$5 for Popcorn and Soda

Register by: July 20
*****Limit: 14 Participants*****

Overnight Camping at Minneopa State Park

Starting Friday, July 24 at 3pm and ending on Saturday, July 25th at 10am.
Location: Minneopa State Park, 54497 Gadwall Road, Mankato. We will be gathering at Group Camping Areas 1-4.
Cost: \$20 per consumer (caregiver fee will be waived).

Includes tents, air mattresses, food, beverages and supplies for the entire camping experience. All you would need to bring is your personal bedding or sleeping bag, pillow, clothing, personal hygiene items and medications (SMILES staff will not be administering medications). Must be a SMILES Consumer to participate and reservations are required. We will not be able to accommodate anyone who is not signed up by the deadline.

Register no later than: July 10
*****Limit 50 people (consumers and caregivers combined) *****

Nature Hiking/Walking: *Rasmussen Woods*

Tuesday, July 28
1-2:30pm
Location: Rasmussen Woods, 555 Stoltzman Road, Mankato
Cost: FREE

Take in some beautiful nature and enjoy a walk with friends. The trail we plan to take is not paved. There is a paved path near the park if you would rather go that route.

Register by: July 24

Drivers Permit Course

Tuesdays, July 28, August 4, August 11, August 18, August 25
4-6:00pm
Location: SMILES Office, Mankato
Cost: \$10

Are you 18 or older and want to drive? Join us at SMILES for a 5-week classroom training course to learn basic road skills to help you work toward getting your driver's permit.

Register by: July 17
*****Limit 8 Participants*****

Men's Group

Wednesday, July 29
4-6pm
Location: Culver's, 1680 Commerce Drive, North Mankato
Cost: The purchase of your meal.

This is a welcoming peer support group for men with disabilities. Gather and discuss life, share ideas and develop friendships along the way. This month's gathering will be at Culver's Restaurant in North Mankato

Register by: July 24

Contact Anna Johnson at SMILES for registration and details

Phone: 507-345-7139

Email: ajohnson@smilescil.org

SMILES CIL—Mankato Office

709 S Front Street, Suite #7

Mankato, MN 56001

WEATHER CANCELLATION POLICY:

If rain is expected during the day or if rain is occurring:

- If rain is forecasted for the entire day, all outside activities will be cancelled for the day.
- If rain is expected to occur before 12pm, morning outdoor activities will be cancelled.
- If rain is expected to occur after 12pm, afternoon outdoor activities will be cancelled.

Severe Weather Watch/Warning:

- On days where weather looks to decline to a Watch or Warning regarding Thunderstorms or Tornados, decisions regarding program cancellation will be made by SMILES staff.

Heat Advisories:

- If a heat advisory is issued, or expected to be issued, all outdoor activities will be cancelled during the advisory timeline.

WHEN POSSIBLE, SMILES STAFF WILL TRY TO CALL, TEXT OR EMAIL REGISTERED PARTICIPANTS TO NOTIFY THEM OF A CANCELLATION IN ADVANCE.

Please Be on Time!!! Be respectful of others attending. We understand that there will be occasions of which someone may be late, but it does interrupt the flow of the event and the participation of those attending.

YOU MUST PRE-REGISTER FOR EVENTS

Just “popping in” will not guarantee that you will be able to attend, as there may not be enough supplies, staff, or space available.

Please register by the registration date.

Pick up time: We request that your ride home is no later than the end time listed for the class.

No Call/No Show Policy

- If someone signs up for a class and does not cancel at least 4 hours in advance, they will be marked as a “No Call/No Show.” Anyone who receives a No Call/No Show for an event will be unable to register for the next month’s activity events.
- This policy is necessary because some classes have limited space, and supplies are purchased based on expected attendance.

Thank you!!!~