

February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Bowling at Wow Zone 4:00-5:30pm	4	5 Movie & Popcorn: <i>Wish Dragon</i> 2:00-4:00pm	6 Craft: Valentine's Cards 4:00-5:30pm	7	8
9	10 Bowling at Wow Zone 4:00-5:30pm	11	12 Volunteer: FOCP (Backpack Food Program) 11-12pm & Lunch at McDonald's afterward ----- Neurodiversity Support Group 5:00-6:00pm	13 Love & Friendship Party 4:30-6:30pm	14	15
16	17 CLOSED— President's Day	18 Chef Club: Creamy Pork Chops 4:00- 6:00pm	19 MNSU Theatre: <i>The Winter's Tale</i> 7:30-10:00pm	20 History Enthusiasts: <i>Potions, Powders & Medicines</i> 11-12pm ----- Lunch Bunch at Catrine's Mexican Grill 12:30-1:30pm	21	22
23	24 Bowling at Wow Zone 4:00-5:30pm	25	26 Support Group for <u>Parents & Caregivers</u> 5:30-6:30pm	27 TBI Support Group 5:00-6:00pm	28	



Our mission is to support people with disabilities to realize their full potential.

Bowling at Wow Zone

Mondays, February 3, 10, and 24
4:00-5:30 pm
Location: Wow Zone- 2030 Adams St. Mankato
Cost: \$3 per game (we generally play 2 games) and \$2 for shoe rental.

Payment made to Wow Zone when you arrive.

*****There will be no bowling on February 17.*****

Register with SMILES by Noon on the Friday before the event

Love & Friendship Party

Thursday, February 13
4:30-6:30pm
Location: SMILES Office, Mankato
Cost: \$10

Join us to celebrate love and friendship. There will be Bingo & Prizes. Enjoy a lasagna, salad, bread stick, dessert and beverage.

Register by: Noon on February 7

Movie & Popcorn: "Wish Dragon"

Wednesday, February 5
2:00-4:00pm
Location: SMILES Office, Mankato
Cost: \$5

Register by: February 4

Chef Club: "Creamy Pork Chops"

Tuesday, February 18
4:00-6:00pm
Location: SMILES Office, Mankato
Cost: \$5

****There are 2 open spots available****

Register by: February 13

Craft: Valentines Cards

Thursday, February 7
4:00-5:30pm
Location: SMILES Office, Mankato
Cost: \$5
Make and take 3 Valentine cards to give to someone you care about.

Register by: Noon on February 4

MNSU Theatre: "The Winter's Tale"

Wednesday, February 19
7:30-10:00pm
Location: MNSU Performing Arts Center,
150 Morris Hall, Mankato
Cost: FREE

Register by: February 18

Volunteering at FOCP (Back Pack Food Program) and lunch at McDonalds

Wednesday, February 12
11:00-12:00pm
Location: Feed Our Community Partners
2120 Howard Drive West, Suite J—North Mankato
Cost: FREE for Volunteering. We will gather at McDonald's on Hwy 169/Hwy 14—North Mankato following (optional). You would be responsible for the cost of your meal.

Register by: February 7

History Enthusiasts: "Potions, Powders & Medicines"

Thursday, February 20
11:00-12:00pm
Location: VINE—421 E Hickory Street, Mankato
Cost: \$5 (Made payable to VINE)

Register by: February 18

Lunch Bunch at Catrine's Mexican Grill

Thursday, February 20
12:30-1:30pm
Location: 1404 Madison Avenue-- Mankato
Cost: What you choose to purchase for meal & beverage

Register by: February 18

Neurodivergent Support Group

(For adults, ages 18+)

Wednesday, February 12

5:00-6:00 PM

SMILES OFFICE

709 S FRONT ST

MANKATO, MN

Are you diagnosed with Autism, Asperger's, ADHD, Tourette's, or another neurodivergent diagnosis? Would you like to connect with others who have a similar diagnosis?

This new group is designed for individuals who live with a neurodivergent diagnosis. We are a friendly support group that will let you connect with and talk to others who share commonalities with you.

Register by: February 11

Support Group for Transition Parents & Caregivers

Wednesday, February 26

5:30-6:30 PM

SMILES OFFICE

709 S FRONT ST

MANKATO, MN

Don't always get the opportunity to connect with other parents and caregivers? SMILES now offers a safe place to discuss experiences and share resources. This group will also provide information, education, and tools to assist one another in building a supportive network.

Register by: February 25

Traumatic Brain Injury Support Group

(For adults, ages 18+)

Thursday, February 27

5:00-6:00 PM

SMILES OFFICE

709 S FRONT ST

MANKATO, MN

Do you have a Traumatic Brain Injury? Do you have a friend or family member who has experienced a Traumatic Brain Injury?

We are a friendly support group that lets you talk with fellow survivors who have been through what you have been through.

Register by: February 26

Contact: Anna for more information or registration:

ajohnson@smilescil.org

507-345-7139

SMILES Center for Independent Living ~ Expanding Access, Choice, and Independence



Contact Anna Johnson at SMILES for registration and details

Phone: 507-345-7139

Email: ajohnson@smilescil.org

SMILES CIL—Mankato Office

709 S Front Street, Suite #7

Mankato, MN 56001

WEATHER CANCELLATION POLICY:

Winter Weather Watches/Warnings:

- SMILES Recreation Department will follow Mankato Area Public Schools' Winter Weather Policy and automatically cancel events, if school is cancelled due to winter weather concerns.
- On days where winter weather looks to decline, decisions regarding program cancellation that evening will typically be decided by 2:00pm on the date of the scheduled event.

If rain is expected during the day or if rain is occurring:

- If rain is forecasted for the entire day, all outside activities will be cancelled for the day.
- If rain is expected to occur before 12pm, morning outdoor activities will be cancelled.
- If rain is expected to occur after 12pm, afternoon outdoor activities will be cancelled.

Severe Weather Watch/Warning:

- If a severe weather watch is issued all outdoor activities will be cancelled within the watch timeline.
- If a severe weather warning is issued, all outdoor activities are cancelled during the warned timeline.

Heat Advisories

- If a heat advisory is issued, or expected to be issued, all outdoor activities are cancelled during the advisory timeline.

WHEN POSSIBLE, SMILES STAFF WILL TRY TO CALL REGISTERED PARTICIPANTS TO NOTIFY THEM OF A CANCELLATION IN ADVANCE. CANCELLATION NOTICES MAY ALSO BE POSTED ON SMILES FACEBOOK PAGE.

No Call/No Show Policy

If someone signs up for a class and does not cancel with at least a 4-hour notice, they will be considered "No Call/No Show". If an individual accumulates THREE No Call/No Shows within a year's time, that person will not be allowed to sign-up for or attend further SMILES events for a year from the date of their 3rd No Call/No Show absence. This is necessary in order to allow attendance space for people who will honor their commitment. Thank you!