



The following document was contributed to the Toolkit by ABCD Faculty member, Judith Snow.

**Gifts and Assets That People Who Are
Vulnerable to Rejection Commonly
Bring to Community**

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Gifts and Assets That People Who Are Vulnerable to Rejection Commonly Bring to Community

By Judith Snow

Hospitality

- Making people feel happy
- Listening
- Providing a home, (for the personal assistant)

Grounding

- Slowing people down, reorienting people to time and place
- Helping people appreciate simple things
- Helping people appreciate their own abilities

Skill-building

- Pushing people to be better problem solvers
- Causing people to try things they've never done before
- Causing people to research things they never encountered before

Networking

- Reaching out to people and breaking down barriers
- Asking questions that everyone else is too shy to ask
- Bringing people together who otherwise would never meet

Economic

- Providing jobs to people who want supplemental income, like artists
- Providing jobs to people who need to work odd schedules like homemakers
- Providing jobs to people who otherwise have few or no marketable skills

Emotional/Spiritual

- Often very forgiving
- Often loving and inspiring love
- Offering opportunities to do something that clearly makes a difference
- Reorienting values from successes to relationships

Individuals have unique gifts and they may not have all of the above common gifts. Nevertheless people often privately mention receiving these gifts after getting to know someone labeled disabled. Imagine if we went public about them and intentionally built these gifts into everyday life.