

JUNE 2025

SMILES--Mankato Office

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1	2 Bowling at Wow Zone 4:00-5:30pm	3 BINGO & Prizes 4:00-5:30pm	4 Puzzles & Pie 4:00-5:30pm	5 Songs on the Lawn 11:00-1:00pm ~~~~~ Chef Club 4:00-6:00pm	6	7
8	9	10 Men's Group Gathering 12:00-1:30pm ~~~~~ Movie: "A Tooth Fairy Tale" & Pizza 4:30-6:30pm	11 Lunch Get Together: "Tav on the Ave" 11:30-1:00pm ~~~~~ Neurodiversity Support Group 5:00-6:00pm	12 Songs on the Lawn 11:00-1:00pm ~~~~~ Adaptive Bike Riding at Williams Nature Center 4:00-5:30pm	13	14
15	16 Bowling at Wow Zone 4:00-5:30pm	17 Let's Go Fishing: Hiniker Pond 2:00-3:30 pm	18 Craft Class: Rainbow Jenga Set 4:00-5:30pm	19 Juneteenth Holiday- Closed	20	21
22	23 Bowling at Wow Zone 4:00-5:30pm	24 Open Stage & Café Night!!! 4:30-6:30pm	25 Nature Hike at Williams Nature Center 3:00-4:30pm ~~~~~ Support Group for Transition Parents/Guardians 5:30-6:30pm	26 Swimming at Spring Lake Park Pool 3:00-4:00pm ~~~~~ Brain Injury Support Group 5:00-6:00pm	27	28
29	30 Bowling at Wow Zone 4:00-5:30pm					



SMILES Center for Independent Living is a nonprofit whose mission is to support people with disabilities to realize their full potential.

<p style="text-align: center;">Bowling at Wow Zone</p> <p>Mondays, June 2, 16, 23, and 30 4:00-5:30 pm Location: Wow Zone- 2030 Adams St. Mankato Cost: \$6 for 2 games and \$2 for shoe rental.</p> <p>Payment made to Wow Zone when you arrive.</p> <p>Note: There will be no Bowling on June 9th.</p> <p style="color: red;"><i>Register with SMILES by Noon on the Friday <u>before</u> the event</i></p>	<p style="text-align: center;">Songs on the Lawn</p> <ul style="list-style-type: none"> • Tuesday, June 5—“Loose Gravel” (Country, Rock, and Cover) • Tuesday, June 12—“The Federals” (Country and Rock) <p>11:00-1:00pm Location: Civic Center Plaza, Mankato Cost: FREE</p> <p>Gather together and listen to live music outdoors at Mankato Civic Center Plaza. Bring a chair or a blanket to sit on and a beverage to drink. There will be food vendors at this event for additional cost.</p> <p style="color: red;"><i>Register with SMILES no later than the Monday before each event.</i></p>
<p style="text-align: center;">BINGO & Prizes</p> <p>Tuesday, June 3 4:00-5:30pm Location: SMILES Office, Mankato Cost: \$5</p> <p>Are you feeling lucky? Join us for Bingo, Prizes, and Fun! Bring your own beverage.</p> <p style="color: red;"><i>Register by: June 2</i></p>	<p style="text-align: center;">Chef Club (Independent Living Skills Class): Chicken Shawarma</p> <p>Thursday, June 5 4:00-6:00 pm Location: SMILES Office, Mankato Cost: \$5</p> <p>Learn how to make a chicken shawarma while improving your cooking skills.</p> <p style="color: red;"><i>**There are 2 remaining spots available** Register by: June 3</i></p>
<p style="text-align: center;">Puzzles & Pie</p> <p>Wednesday, June 4 4:00-5:30pm Location: SMILES Office, Mankato Cost: FREE. A slice of pie will be available for \$3/slice.</p> <p>Unwind, relax, and have fun putting together puzzles. We have a variety of puzzles available. You are also welcome to bring your own.</p> <p style="color: red;"><i>Register by: June 3</i></p>	<p style="text-align: center;">Men’s Group Gathering</p> <p>Tuesday, June 10 12:00-1:30pm Location: Benson Park (North side of the park, along Timm Road), North Mankato Cost: FREE</p> <p>Bring your own beverage/lunch. Hang out with others and participate in an Axe Throwing Yard Game.</p> <p style="color: red;"><i>Register by: June 5</i></p>

Movie & Pizza: "A Tooth Fairy Tale"

Tuesday, June 10

4:30-6:30pm

Location: SMILES Office, Mankato

Cost: \$10

Enjoy some pizza and soda, while watching a movie on our big screen TV.

Register by: June 9

Let's Go Fishing

Tuesday, June 17

2:00-3:30pm

Location: Hiniker Pond, 300 Butterworth St., Mankato (We will meet at the fishing pier at the southwest corner of the lake)

Cost: FREE

You will need to have a fishing license for this event. If you have a disability, you can register for a free one. If you need help doing so, let SMILES know. We will have poles, tackle and bait. Feel free to bring your own fishing gear. Bring along your own snack & beverage.

Register by June 13

*****Limit 4 Spots*****

Lunch Get Together: "Tav on the Ave"

Wednesday, June 11

11:30-1:00pm

Location: Tav on the Ave

1120 Madison Avenue, Mankato

Cost: What you choose to purchase for your meal.

Let's gather for lunch and catch up with one another.

Register by: June 10

Craft Class: Rainbow Jenga Set

Wednesday, June 18

4:00-5:30pm

Location: SMILES Office, Mankato

Cost: \$6

Make a colorful Jenga Game Set that you can take home and play with others.



Register by: June 13

Adaptive Bike Ride at Williams Nature Center

Thursday, June 12

4:00-5:30pm

Location: Williams Nature Center, 54988 Hwy 68-Mankato

Cost: FREE

Enjoy the beautiful trails of Williams Nature Center. SMILES will have their adaptive bikes available to ride or you can bring your own bicycle. Bring your own beverage to stay hydrated.

Register by: June 10

Open Stage & Café Night!!!

Tuesday, June 24

4:30-6:30pm

Location: SMILES Office-Mankato

Cost: FREE. There will be beverages and food for purchase at this event.

Do you sing, dance, recite poetry, act, perform comedy, or play music? If you have a talent you would like to share with others, join us for this fun event. If you don't feel comfortable performing, come anyway to support others! There will be a karaoke machine available to use as well.

Register by: June 19

Nature Hike: Williams Nature Center

Friday, June 25

3:00-4:30pm

Location: Williams Nature Center, 54988 Hwy 68, Mankato

Cost: FREE

Let's explore this beautiful trail. Enjoy the fresh outdoor air and socialize with friends, while getting your steps in. Don't forget to bring your water bottle to stay hydrated.

Register by: June 24

Let's Go Swimming: Spring Lake Park Pool

Thursday, June 26

3:00-4:30pm

**Location: Spring Lake Park Swimming Pool
641 Webster Ave., North Mankato**

Cost: \$7

Join us at the pool. Bring your swim gear! No outside food/drink is allowed. They will have concessions available for your own purchase.

Register by: June 24

Why participate in SMILES Recreation Program?

- **Learn coping skills for anxiety and stress** • *Boost decision making with control and choices*
- **Reduce isolation and loneliness** • *Improve on planning skills and increase confidence in participation*
- **Increase or maintain developmental skills** • *Enhance social skills and peer interaction*
- **Acquire adaptive techniques during recreation** • *Acquire and develop appropriate communication skills*
- **Acquire and strengthen boundaries** • *Improve strength, endurance and activity level*
- **Expand on functional play and leisure skills** • *Discover and learn new leisure skills*
- **Increase knowledge of community accessibility and resources** • *Increase functional skills in the community setting*
- **Improve on ability to handle sensory stimulation** • *Enable self-expression*

Neurodivergent Support Group

(For adults, ages 18+)

Are you diagnosed with Autism, Asperger's, ADHD, Tourette's, or another neurodivergent diagnosis? Would you like to connect with others who have a similar diagnosis?

This new group is designed for individuals who live with a neurodivergent diagnosis. We are a friendly support group that will let you connect with and talk to others who share commonalities with you.

Register by: June 10

Wednesday, June 11

5:00-6:00 PM

SMILES OFFICE

709 S FRONT ST

MANKATO, MN

Support Group for Transition Parents & Caregivers

Don't always get the opportunity to connect with other parents and caregivers? SMILES now offers a safe place to discuss experiences and share resources. This group will also provide information, education, and tools to assist one another in building a supportive network.

Register by: June 24

Wednesday, June 25

5:30-6:30 PM

SMILES OFFICE

709 S FRONT ST

MANKATO, MN

Traumatic Brain Injury Support Group

(For adults, ages 18+)

Do you have a Traumatic Brain Injury? Do you have a friend or family member who has experienced a Traumatic Brain Injury?

We are a friendly support group that lets you talk with fellow survivors who have been through what you have been through.

Register by: June 25

Thursday, June 26

5:00-6:00 PM

SMILES OFFICE

709 S FRONT ST

MANKATO, MN

Contact: Anna for more information or registration:

ajohnson@smilescil.org

507-345-7139



Contact Anna Johnson at SMILES for registration and details

Phone: 507-345-7139

Email: ajohnson@smilescil.org

SMILES CIL—Mankato Office

709 S Front Street, Suite #7

Mankato, MN 56001

WEATHER CANCELLATION POLICY:

Winter Weather Watches/Warnings:

- SMILES Recreation Department will follow Mankato Area Public Schools' Winter Weather Policy and automatically cancel events, if school is cancelled due to winter weather concerns.
- On days where winter weather looks to decline, decisions regarding program cancellation that evening will typically be decided by 2:00pm on the date of the scheduled event.

If rain is expected during the day or if rain is occurring:

- If rain is forecasted for the entire day, all outside activities will be cancelled for the day.
- If rain is expected to occur before 12pm, morning outdoor activities will be cancelled.
- If rain is expected to occur after 12pm, afternoon outdoor activities will be cancelled.

Severe Weather Watch/Warning:

- If a severe weather watch is issued all outdoor activities will be cancelled within the watch timeline.
- If a severe weather warning is issued, all outdoor activities are cancelled during the warned timeline.

Heat Advisories

- If a heat advisory is issued, or expected to be issued, all outdoor activities are cancelled during the advisory timeline.

WHEN POSSIBLE, SMILES STAFF WILL TRY TO CALL REGISTERED PARTICIPANTS TO NOTIFY THEM OF A CANCELLATION IN ADVANCE. CANCELLATION NOTICES MAY ALSO BE POSTED ON SMILES FACEBOOK PAGE.

No Call/No Show Policy

If someone signs up for a class and does not cancel with at least a 4-hour notice, they will be considered "No Call/No Show". If an individual accumulates THREE No Call/No Shows within a year's time, that person will not be allowed to sign-up for or attend further SMILES events for a year from the date of their 3rd No Call/No Show absence. This is necessary in order to allow attendance space for people who will honor their commitment. Thank you!