

March 2025

Sun day	Monday	Tuesday	Wednesday	Thursday	Friday	Satur day
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2	3 \$8 Bowling at Wow Zone 4:00-5:30pm	4	5 \$5 Craft: Diamond Art Key Chains 4:00-5:30pm	6 FREE Theatre-Merely Players: "Rock of Ages" 7:00-9:00pm	7	8
9	10 \$8 Bowling at Wow Zone 4:00-5:30pm	11	12 FREE <u>Neurodiversity</u> Support Group 5:00-6:00pm	13 VARIES Lunch Get Together: Olde Brick House 12:30-1:30pm	14	15
16	17 \$8 Bowling at Wow Zone 4:00-5:30pm	18 \$5 Chef Club: Hash Brown Pizza 4:00-6:00pm	19 \$5 Movie & Soft Pretzels/Dip 2:00-4:00pm	20 \$5 Pickelball Introduction 1:30-3:00pm	21	22
23	24 \$8 Bowling at Wow Zone 4:00-5:30pm	25	26 FREE Support Group for <u>Transition</u> <u>Parents & Caregivers</u> 5:30-6:30pm	27 FREE <u>Brain Injury</u> Support Group 5:00-6:00pm	28 \$9 Let's Go Swimming! 3:30-5:00pm	29
30	31 \$8 Bowling at Wow Zone 4:00-5:30pm					



Our mission is to support people with disabilities to realize their full potential.

Bowling at Wow Zone

Mondays, March 3, 10, 17, 24 and 31
4:00-5:30 pm
Location: Wow Zone- 2030 Adams St. Mankato
Cost: \$3 per game (we generally play 2 games) and \$2 for shoe rental.

Payment made to Wow Zone when you arrive.
Register with SMILES by Noon on the Friday before the event

Chef Club: "Hash Brown Pizza"

Tuesday, March 18
4:00-6:00pm
Location: SMILES Office, Mankato
Cost: \$5
Learn how to make a personalized Hash Brown Pizza. There will also be a vegan option.

****There are 2 open spots available****
Register by: March 14

Craft: Diamond Art Key Chains (Potted Plants)

Wednesday, March 5
4:00-5:30pm
Location: SMILES Office, Mankato
Cost: \$5 per key chain you choose to make

Make a potted plant key chain with diamond gems.
Register by: March 4

Movie & Soft Pretzels/Dip: "Flow"

Wednesday, March 19
2:00-4:00pm
Location: SMILES Office, Mankato
Cost: \$5

Unlike other animated movies, it does not have dialogue. Instead, its tale is told through artful imagery and sound.
Register by: March 18

Merely Players Theatre: "Rock of Ages"

Thursday, March 6
7:00-9:00pm
Location: Lincoln Community Center
110 Fulton St., Mankato
Cost: FREE

Looking for a fun night out that won't cost you a dime? Join us. This show is rated PG-14 for its adult themes.
Register by: March 3

Pickle Ball

Thursday, March 20
1:30-3:00pm
Location: Picklebarn
90 Power Dr., Mankato
Cost: \$5 (Payment made to Pickle Barn when you arrive)

This is an introductory class for you to try out this sport and have fun. Bring a pair of clean and dry sneakers along with comfortable clothing. No street shoes are allowed on the courts.
Register by: March 18

Get together for Lunch: Olde Brick House

Thursday, March 13
12:30-1:30pm
Location: Olde Brick House
1521 Tullamore St., Mankato
Cost: What you choose to purchase for your meal and beverage

Lunch is so much better when you can get together with others.
Register by: March 12

Let's Go Swimming

Friday, March 28
3:30-5:00pm
Location: Lake Crystal Recreation Center
621 W Nathan St., Lake Crystal
Cost: \$9 (Payment made to Lake Crystal Recreation Center when you arrive). If we get 12+ participants, the rate will decrease to \$6.

Have you been cooped up too long this winter? Join us at the pool. Bring your towel, swimsuit, and dry clothes to change into after the event.
Register by: March 21

Neurodivergent Support Group

(For adults, ages 18+)

Are you diagnosed with Autism, Asperger's, ADHD, Tourette's, or another neurodivergent diagnosis? Would you like to connect with others who have a similar diagnosis?

This new group is designed for individuals who live with a neurodivergent diagnosis. We are a friendly support group that will let you connect with and talk to others who share commonalities with you.

Register by: March 11

Wednesday, March 12
5:00-6:00 PM
SMILES OFFICE
709 S FRONT ST
MANKATO, MN

Support Group for Transition Parents & Caregivers

Don't always get the opportunity to connect with other parents and caregivers? SMILES now offers a safe place to discuss experiences and share resources. This group will also provide information, education, and tools to assist one another in building a supportive network.

Register by: March 25

Wednesday, March 26
5:30-6:30 PM
SMILES OFFICE
709 S FRONT ST
MANKATO, MN

Traumatic Brain Injury Support Group

(For adults, ages 18+)

Do you have a Traumatic Brain Injury? Do you have a friend or family member who has experienced a Traumatic Brain Injury?

We are a friendly support group that lets you talk with fellow survivors who have been through what you have been through.

Register by: March 26

Thursday, March 27
5:00-6:00 PM
SMILES OFFICE
709 S FRONT ST
MANKATO, MN

Contact: Anna for more information or registration:

ajohnson@smilescil.org

507-345-7139



Contact Anna Johnson at SMILES for registration and details

Phone: 507-345-7139

Email: ajohnson@smilescil.org

SMILES CIL—Mankato Office

709 S Front Street, Suite #7

Mankato, MN 56001

WEATHER CANCELLATION POLICY:

Winter Weather Watches/Warnings:

- SMILES Recreation Department will follow Mankato Area Public Schools' Winter Weather Policy and automatically cancel events, if school is cancelled due to winter weather concerns.
- On days where winter weather looks to decline, decisions regarding program cancellation that evening will typically be decided by 2:00pm on the date of the scheduled event.

If rain is expected during the day or if rain is occurring:

- If rain is forecasted for the entire day, all outside activities will be cancelled for the day.
- If rain is expected to occur before 12pm, morning outdoor activities will be cancelled.
- If rain is expected to occur after 12pm, afternoon outdoor activities will be cancelled.

Severe Weather Watch/Warning:

- If a severe weather watch is issued all outdoor activities will be cancelled within the watch timeline.
- If a severe weather warning is issued, all outdoor activities are cancelled during the warned timeline.

Heat Advisories

- If a heat advisory is issued, or expected to be issued, all outdoor activities are cancelled during the advisory timeline.

WHEN POSSIBLE, SMILES STAFF WILL TRY TO CALL REGISTERED PARTICIPANTS TO NOTIFY THEM OF A CANCELLATION IN ADVANCE. CANCELLATION NOTICES MAY ALSO BE POSTED ON SMILES FACEBOOK PAGE.

No Call/No Show Policy

If someone signs up for a class and does not cancel with at least a 4-hour notice, they will be considered "No Call/No Show". If an individual accumulates THREE No Call/No Shows within a year's time, that person will not be allowed to sign-up for or attend further SMILES events for a year from the date of their 3rd No Call/No Show absence. This is necessary in order to allow attendance space for people who will honor their commitment. Thank you!