

Center for Independent Living



# 2014 Annual Report

## **Executive Director and President's Report**

As another fiscal year comes to a conclusion, SMILES continues its mission designed to promote equal opportunity that empowers individuals with disabilities in making meaningful choices, leading to a self-sufficient life style along with community integration. SMILES has expanded its existing programs and services, allowing for 5.4% increase in consumers served. SMILES also continues its efforts to add new programs and vital services as opportunities arise.

The following pages, present our accomplishments which include numbers served, hours of service, and goals achieved. In addition, our Managers have also looked back at the specific programs they oversee providing information on other various successful initiatives, along with remarks from our Board President.



Alan Augustin Executive Director

We continue to be ever grateful to all those who contribute and believe in our mission. To our funders, program partners, benefactors, for their endorsement; our cadre of volunteers for their time and talent; our staff who work diligently every day to make a difference in the lives of our consumers; our Board of Directors for their guidance, and judgment; and the consumers we serve for their confidence and trust.

alan Augustin





The Board was honored to oversee an exceptional staff through numerous challenges over the last year. Without exception, these challenges were met with proactive decisions and strategies to mitigate the effect on our consumers and employees.

In fact, we were able to adequately meet our financial obligations, expand our services to consumers and set aside additional funds into our long-term investment pool to insure the long-term viability of SMILES.

Brian Koch Board President

This was accomplished by the application of sound fiscal management, effectiveness within the political landscape and providing exceptional service to our consumers.

- Kol

Brian Koch Board President

## **BOARD OF DIRECTORS**

#### President

Brian Koch

## Vice President

Dan Robinson

#### Secretary

Mike Matzke

## Treasurer

**Diane Winegar** 

## *Representatives to the Executive Committee*

Jean Brand Marti

### **Board Members**

Jerry Breitkreutz Kenneth Buchmeier Angela Christle Ione Cox James Craig Nancy Goettl Beth Serrill Dan Sherwin Tom Winter

STAFF

### **Executive Director**

Alan Augustin

## Administrative Assistant

Helen Mitchell

## Advocacy Manager

Michelle Malakowsky

# Education &Communication Manager

Anne Murray

## Independent Living Program Manager

Bonnie Danberry

## Independent Living Skills Specialists

Kristina Janke Sarah Kosak Lori Mosenden Jessica Raimann Chad Tolzmann Lacey Wegner

#### Independent Living Skills Trainers

Sammy Anderson Benjamin Baumann Jacob Jorgensen Shannon Nelson Tiffany Schluter Caleb Siewert

## Information & Referral/Technology/ Ramp Project Manager

Howard Rosten Operations Manager

Doug Miller

**PCA Choice Manager** 

Traci Windschitl Peer Counselor/Volunteer/ Recreation Manager

Jamie Mack

## Ramp Project

Alan Esser, Ron Olson, James Haroldson Michael Trieschiman Gordon Westermann

### Personal Care Assistants

Teri Ahlstrand Vanessa Andresen Jennifer Arreola Kristine Bachmann Cvnthia Barden Gregory Barden Harold Bartlett Clinton Bennett Jacob Benzkofer Janel Berger Ashley Beseke Amber Black Nichole Braam Aubin Bruns Melanee Buckentin Yvonne Caldwell Lisa Clark April Cook Sanna Dokken **Christine Engel** Allyson Ewest Jane Flinthrop Ashley Gartner Nicole Gartner Karen Gerhardson Ashley German Donna Gomez

Lashanique Griffin Anthony Hawkins **Becky Heinze-Guentzel** Lee Hilde Brandi Hillesheim Diann Huro Alicia Idle **Tion Johnson** Aimee Kenne Laura Kimes Jessi Kinnetz Emily Klehr Darlene Kopischke Norman Langston Frederic Langston Julie LaTour Jennifer Loeffler Whitney McCabe Cassandra Meyer Jeremiah Miller Josiah Miller Noah Miller Jordan Mosser Nicole Nelson Jennifer Nichols Emily Norell Amber O'Connor Gretchen Olmanson Carol Olness Rachel Opalinski Katelvnn Pankratz Nadine Pascuzzi Anh Pham Kathleen Remiger Sharon Rhoades Donald Rickard Maria Rodriguez Tesla Sathoff April Schech **Tiffany Schluter** Hannah Sheehv Olivia Skaare Kaycee Smith Judy Staloch Stephanie Staloch Thomas Staloch Amber Steen Bethany Thalman Brianna Theis Craig Thorson Mary Thorson Dvllan Tolzmann Jessica Tolzmann Andrea Veroeven Wendy Vorwerk Hollie Wehr Christopher Whitehead Sarah Witte T'Keha Worthen

## **VALUES OF SERVICE**

### **Consumer Control**

SMILES is guided by consumer and stakeholder involvement at all levels of development, responsibility, and operation within the organization. In this way community integration and self-determination become the entitlement and responsibility of each individual served by the organization.

#### **Consumer Need Based**

SMILES values the individuals we serve and seeks to provide authentic, accurate assessments. We proactively locate resources within our service delivery area that are responsive to and reflective of identified needs.

## Individualized

SMILES works to empower individual aspirations and needs. Independent living plans and services are developed with full consumer investment, participation, and service flexibility.

## **Community Based**

SMILES believes common community settings and social interactions facilitate people with disabilities to integrate more fully and provides them with the greatest opportunities available to cultivate knowledge, skills, and attitudes that ensure true and valued inclusion.

SMILES cultivates and facilitates partnerships with a wide array of community service organizations in an effort to avoid competing or segregated services.

SMILES values participation to the fullest extent possible and as a result activities sponsored by the center are located in environments used and accessed by all citizens.

## **Architectural and Environmental Access**

SMILES facilitates service delivery in the least restrictive environments possible for training in residential, social, recreational, and personal development topical areas.

SMILES believes conditions for acquiring, maintaining, and utilizing specific skills of daily and community living are a part of the expected behavioral repertoire of all community members and works to mindfully cultivate this throughout all of its programming activities.

## **Equal Opportunity**

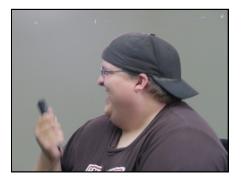
SMILES values its role as a Center for Independent Living for persons with disabilities. We continue to focus on providing timely information, knowledge, support, and resources that individuals need to live, work, and recreate in the nine county service area in which they reside.



Canoe and Kayak with Wilderness Inquiry



SMILES Youth Baseball League



American Idol Karaoke Night



Adaptive Ski Program

## **ACCOMPLISHMENTS OF 2014**

## **Over the last year SMILES CIL served <u>1875</u> people!**

- 108 Individuals received *Peer Counseling* totaling 3,235 hours of service.
- 207 Individuals received *Independent Living Skills Training* totaling 9,265 hours of service.
- 272 Individuals participated in *Recreational Activities* totaling 1152 hours of service.
- 679 Individuals were served using *Assistive Technology* totaling 1,274 hours of service.
- 69 High School Youth participated in *Transition Training Sessions* receiving 1,080hours of training.
- 66 Individuals were served through the *PCA Choice Program* totaling 70,913 hours of services.
- 352 Requests were made for *Information or Referral* totaling 171 hours of service.
- 93 Individuals received Individual *Advocacy Services*, providing 1629 hours of service.
- 1368 Hours of *Community Services.*
- 39 **Ramps** were built this year, totaling 524 hours of service.
- 140 Individuals served as *SMILES Volunteers,* providing 4,898 hours of volunteer service.
- 671 Consumer goals achieved!

## Program Reports

## Peer Counseling, Recreation & Volunteers

In the 2013-2014 fiscal years, SMILES Peer Counseling/Volunteer/Recreation programs have had great successes. In the Peer Counseling program, SMILES began a mental health support group open to the public facilitated by a peer counselor who has a mental health diagnosis. This group met twice a month at SMILES Mankato office. The group grew from two participants to ten participants who meet regularly. This support group is also collaborating with Horizon Homes Crisis Center in that those participants who attend SMILES support group receive credit in their treatment program at Horizon Homes.

SMILES Recreation programs have also been successful in the last fiscal year. SMILES expanded recreation events and opportunities to the branch offices in Waseca and Fairmont. The activities included fishing trips, canoe trip in Fairmont, picnics, Easter Egg Hunt, and a Valentine's Dinner and Dance. SMILES staff have been collaborating with other organizations in both branch office communities to determine activities requested by consumers providing consumer control through-out SMILES service area. Also based on a comparison from last year SMILES experienced a 13.8% increase in consumers served.

SMILES Volunteer program has been growing with additional student volunteers. SMILES began providing student learning opportunities for students at MSU, Mankato and South Central College. Students have been coming from the social work programs, adaptive recreation programs, ethnic studies courses, and non-profit leadership courses. These students have helped with various activities, events, and in several programs contributing to SMILES mission of disability awareness in the community.

Jamie Mack Peer Counselor/Recreation Manager

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## **PCA Choice**

The PCA Program has had many changes over the past year. The increase in effective communication between the company, consumers and PCA's has been our greatest achievement! Instead of sending out correspondence and training by US Mail, we have utilized email, which is most productive with a faster response.

Also, SMILES is able to send out an email to all PCA's when there is a job opening. This allows PCA's to work with more than one consumer. In response we have reduced the costs of job advertisement, training and orientation.

Several of our documents, including our employment application and background study form, are now electronic; so, they are able to be sent by email. Overall these changes have increased the satisfaction of our consumers, their families or caregivers, and PCA's.

Trais Windstall

Traci Windschitl PCA Choice Manager

## **Ramps & Assistive Technology**

SMILES received a call from a family seeking a ramp for their college age daughter who was attending MSU this fall. The young lady incurred a spinal cord agency a few years ago as the result of an accident and uses a manual wheel chair.

The daughter had recently moved into a mobile home in Mankato and did not have ramp access to her home. Working with the Blue Earth County Human Service program, SMILES set up a temporary metal ramp for the young lady so she could access her home. That allowed the family and SMILES the time necessary to complete the process of building a modular wood ramp.

When a build date was set, the temporary metal ramp was removed and the wood ramp built. The young lady can now come as she pleases, as she pursues her college degree, and the temporary ramp was available for another person.

SMILES received a request from the Blue Earth County Human Services agency asking if SMILES had iPads available to loan.

There was a young woman who had communication issues along with various secondary disabilities including behavioral, emotional and learning.

The hope was an iPad could help with communication along with learning new appropriate behaviors. Arrangements and training to operate the iPad were scheduled to see how appropriate this device was.

The young lady used the iPad for a couple months and the family was thrilled with the results. The following is a short excerpt of an email SMILES received after the iPad was returned.

"I can't thank SMILES enough for allowing us the opportunity to use their iPad to see if Rhea could learn the skills necessary to utilize one. It has been a wonderful addition to her learning and just the beginning of many more activities we plan to incorporate using this technology. Thank you so very, very much for everything."

Howard Rosten Assistive Technology Manager

## **Independent Living Skills Training**

The Independent Living Program Provides training, guidance, and support to assist consumers in achieving maximum independence.

This past year, the Independent Living Skills Program Community Living Alternatives transitioned from providing services to Minnesota Health Care Waiver consumers under the Minnesota Statute 245B licensing regulations to the new Minnesota Statute 245D licensing regulations.

Since the legislative changes in January 2014, we have seen an increase in provision of Support Planning services to individuals choosing to utilize the Consumer Directed Community Supports (CDCS) through their waiver.

Our Transition from School to Community for Students with Disabilities component increased outreach efforts to schools within our service area. We were able to reconnect and collaborate with more schools to provide group skills training to students with disabilities ages 14-22, serving 69 students.

1. sales and Bonnie Danberry

Independent Living Skills Manager

## Advocacy

During the fiscal year, SMILES made available its expertise to consumers needing assistance with various advocacy issues such as; consumer legal rights, benefits, housing, transportation, employment etc...

For example, 22 consumers asked for and received assistance addressing Medicare Part D Prescription Drugs and Social Security benefits.

In addition, SMILES continues to serve on various community wide committees addressing issues which include: community accessibility, homelessness, transportation and consumer rights.

SMILES advocacy program also is available to assist consumers who want to relocate from a Nursing Home back into community living.

Michello Malakorsky

Michelle Malakowsky Advocacy Manager

## **Community Education**

During the fiscal year, SMILES managers, staff and volunteers provided 1,468 hours of community service throughout the region.

Community Service, which include: presentations, workshops, open meetings, expos, special events, technical assistance, and other educational sessions were provided to businesses, other service providers, and community organizations.

Sessions covered disability related topics and issues, technology, SMILES programs and services, or training and demonstration custom designed by request.

Additionally, SMILES provided outreach to more than 2800 individuals, working cooperatively and in partnership with a variety of organizations and agencies in communities all over South Central Minnesota.

SMILES' media coverage distributes information about programs, services and activities beyond geographic locations around Mankato and Branch Offices in Fairmont, New Ulm, and Waseca.

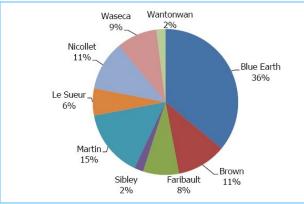
SMILES' sponsorship of Closed Captioning for the evening news at KEYC TV features a public service disability awareness message in American Sign Language.

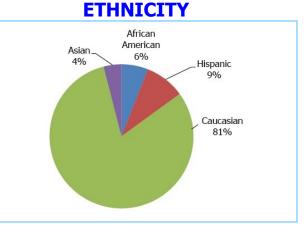
This public service announcement is broadcast before the local and national news, and is watched in more than 80,000 households across our service delivery area, providing information about how to contact SMILES.

Anne Murray Conne Murray Community Education Manager

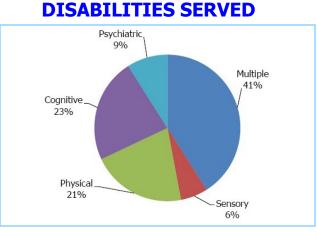
## **DEMOGRAPHICS**

## SERVICE BY COUNTY





AGE



## 60 or older 22% 40% 25 to 59 40% 20 to 24 14%

## DONORS, FUNDERS AND MEMBERS

A Center Adam's Outlet Tamara Allison **Anytime Fitness** Arby's Arnold Motors Aspire Salon & Spa Alan Augustin Bank Midwest Chris Bartz Blethen Gage & Krause Brown & Brown Sally Burdick CJ's Sweet Sensations Ione Cox Crossview Covenant Church Curves **Cutting Edge Fitness** Culligan Water D & S Trophies Dairy Queen Doug's Sports Center **Dutch Creek Farms** Enderson Clothing Fairmont Bait Shop

Fairmont Body Shop First Choice Stylists First Farmers & Merchants National Bank Gemini Studios Goodyear-Gram Tire Automotive Greater Mankato Area United Way Green Wings Hair, Etc. Roxanne Hess Hosanna Lutheran Church Jakes Auto Sales Jakes's Pizza Janesville Community Chest Janzen's Greenhouse Ruth Johnson Kandy Koncepts Kato Community Club **KBEW 98 Country** Brian Koch Kraft Foods Global KSUM Radio Lake Crystal United Fund Jeff Lang Thomas Larson, DDS **Kiwanis Holiday Lights** 

LLoyd Management Greg & Michelle Malakowsky Mc Donald's Midwest Bank Fairmont Doug Miller Anne Murray Norm's Soft Water On the Wall George Patchin Liz Peltola Perkins Deloris Petrovich & Richard Vaneman Picture This Scrap That Pizza Hut Poppe's Store & Car Wash Prairie Lakes Regional Arts Council L. E. Prescher Ranch Restaurant **Regional Activities Profession** Dan Robinson Trisha Rosenfeld Rosen Diversified Howard Rosten Shear Radiance Frederick Schipp

Samantha Seifert Daniel Sherwin Donita Soucek Sovell Jewelry Speciality Care Sterling Drug Sign Pro Mark Skoog Robert Sorensen Subway Taco John's Robert Timm Chad & Jessica Tolzman United Way of Brown County United Fund of Decoria U.S. Bank Voyager Bank Jon Wachter Walmart Waseca Area United Way **Diane Winegar** Xcel Energy

We make every effort to accurately document and recognize donors. If we have inadvertently missed your name or business, please tell us so we can properly thank you for your contribution and document your charitable gifts.

AS OF JUNE 30, 2014				
ASSETS:		2014		2014
Current Assets: Cash and Cash Equivalents Investments, Unrestricted Accounts Receivable Grants Receivable Prepaid Expenses Total Current Assets				\$ 103,808 250,841 151,175 74,359 <u>33,057</u> 613,240
Property & Equipment, Net of	Accumulated Deprecia	tion		49,173
Other Assets: Investments Cash Value Life Insurance Total Other Assets			1	7,330 <u>8,040</u> <u>15,370</u>
TOTAL ASSETS	SIBLEY	7		<u>\$ 677,783</u>
LIABILITTIES AND NET ASS Current Liabilities Long-Term Liabilities Net Assets: Unrestricted Temporarily Restricted Permanently Restricted Total Net Assets	EIS:	NICOLLET	UR ,	\$ 102,025 19,457 542,994 987 12,320 556,301
TOTAL LIABILIITES AND N	ET ASSETS	BLUE EARTH	WASECA	<u>\$ 677,783</u>
<b>STATEMENT OF ACTIVITIES</b> YEAR ENDED JUNE 30, 2014				
Support Revenues Total Support & Revenues	MARTIN	FARIBAL	ILT	\$
Program Expenses Management & General Expen Fundraising Expenses Total Expenses Change in Net Assets	ises			\$ 1,811,433 166,122 <u>10,252</u> <u>\$ 1,987,807</u> 21,230

STATEMENT OF FINANCIAL POSITION

This report is intended for informational purposes only. Complete and audited financial statements with accompanying notes are available from the SMILES office.

Net Assets—Beginning

Net Assets—Ending

#### 1

535,071

\$ 556,301

# **Center for Independent Living**

**EMPOWERING PEOPLE WITH DISABILITIES SINCE 1990!** 



Center for Independent Living

#### **Mankato Office:**

709 South Front St. Ste. #7 Office Hours: M-F 8AM-4:30PM Phone/TTY: 507-345-7139 Fax: 507-345-8429 Toll Free: 888-676-6498 E-mail: smiles@smilescil.org

#### **Fairmont Branch Office:**

820 Winnebago Ave. Ste #1 Fairmont, MN 56031 **Phone/Fax:** 507-235-3488

#### **New Ulm Branch Office:**

1618 S. Broadway New Ulm, MN 56073 **Phone/Fax:** 507-354-7106

## **Waseca Branch Office:**

505 S. State St. Ste. #6 Waseca, MN 56093 **Phone/Fax:** 507-833-1339



## **MISSION**

SMILES Center for Independent Living is a nonprofit organization committed to providing a wide array of services that assist individuals with disabilities to live independently, pursue meaningful goals, and enjoy the same opportunities and choices as all persons

## **PHILOSOPHY**

SMILES believes that people with disabilities have the right:

- To live as independently as their abilities allow
- Receive services based on need
- Enjoy the same access to opportunities as all persons
- Exercise self-determination
- Access programs which maximize their potential
- Integrate within the community
- Maintain employment that enhances a feeling of self-worth and independence
- Enjoy guaranteed constitutional and human rights
- Choose from available options



## LEAVE A LEGACY® Mankato Area

Please remember SMILES in your will or other plans.